

Infant formula suitable from birth (cows' milk or goats' milk based)

This product is suitable for healthy term infants as the sole source of nutrition in the first six months of life and can be used alongside complementary foods throughout the first year.

Datasheet completed 13/02/2020

SMA Pro First Infant Milk – Liquid 70ml

Composition	Complies with 2007 regulations for infant formula composition		
Dietary suitability	Not suitable for vegetarians Halal approved		
Allergens	Cows' milk, soya, fish		
Essential Nutrients	Per 100ml prepared milk	Source	
Energy kcal	67		
Fat g	3.6	Palm oil, rapeseed oil, coconut oil, sunflower oil, fish oil, single cell oil	
-Linoleic acid mg	550		
-Alpha-linolenic acid mg	67		
-Docosahexaenoic acid (DHA) mg	8.4		
Carbohydrate g	7.1	Lactose	
of which lactose g	7.1		
Protein g	1.3	Cows' milk	
Whey:casein ratio 70:30			
Vitamins		Minerals	
Vitamin A µg	75	Sodium mg	24
Vitamin D µg	0.9	Potassium mg	62
Vitamin E mg TE	1.1	Chloride mg	39
Vitamin K µg	5.5	Calcium mg	43
Vitamin C mg	13	Phosphorus mg	24
Thiamin B ₁ µg	100	Magnesium mg	6.6
Riboflavin B ₂ µg	110	Iron mg	0.7
Niacin B ₃ mg	0.5	Zinc mg	0.7
Vitamin B ₆ µg	40	Copper µg	50
Folic Acid µg	9.2	Manganese µg	10
Vitamin B ₁₂ µg	0.13	Selenium µg	2.2
Biotin µg	1.7	Iodine µg	14
Pantothenic acid mg	0.43		

To find out more about any of the ingredients listed here, see <https://www.firststepsnutrition.org/composition-claims-and-costs>

To find out more about making up powdered milks safely, see <https://www.firststepsnutrition.org/making-infant-milk-safely>

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Other essential ingredients

Choline mg	8.5
Inositol mg	6.6
L-carnitine mg	0.8

Permissible but not mandatory ingredients

There is no good evidence of any benefit for infants from the addition of these ingredients to infant milks and we therefore consider them to be unnecessary.

Arachidonic acid (AA) mg	8.4
Taurine mg	4.6

Relative cost of this milk

Cost per 100ml	£1.67	<i>For comparison:</i>	10p
		Cheapest first infant milk currently available that meets all infant requirements/100ml	
		(based on a powdered formulation)	

Notes

SMA do not publish separate datacards for the powder and liquid formulations of this product. The nutritional composition data used here are taken from the values given for the powder formulation. SMA have told us that although values might vary slightly for liquid formats, these are not clinically significant.

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